

# Manager Assist.

Professional support  
for managers

## Manager Assist

Manager Assist provides high level professional support to leaders, managers and supervisors, to assist managing challenging people-orientated workplace situations.

Manager Assist has been developed to provide leaders, managers and supervisors with an opportunity to obtain timely and confidential support as they lead.



## Manager Support Line

Human Psychology provides a confidential Manager Support Line, accessible via telephone or email, to discuss concerns or issues. Queries will generally be responded to within 24 hours (unless assessed as critical or urgent).

Those accessing the support line will receive initial advice and guidance from a highly trained clinician.

Human Psychology provides access to specialised support and understanding for dealing with culturally based issues or concerns.

## How do I access Manager Assist?

Manager Assist is accessible via phone, email and skype. Face to face appointments can also be scheduled.

## Manager Assist provides

- ▶ Brief consultations with leaders, managers and supervisors by phone or email (Manager Support Line).
- ▶ Coaching for leaders, managers and supervisors.
- ▶ Skills training.
- ▶ Consultation on managing difficult conversations with staff.
- ▶ Complex human resources case consultation.

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## Integrated approach

Human Psychology has partnered with the City of Charles Sturt to develop a sound understanding of the culture, operations and human factors within the organisation. This understanding facilitates delivery of an integrated support system to enable leaders, managers and supervisors to thrive and grow.



## HumanPsychology

Think. Feel. Perform. Better.

Please refer to the Human Psychology website for details about the team. Call or email reception to arrange an appointment that is convenient to you.

### Human Psychology

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