

## Leader Assist

Leader Assist provides high level professional support to leaders, managers and supervisors, to assist managing challenging workplace situations.

Leader Assist provides leaders with an opportunity to obtain timely support with managing personal and interpersonal work issues related to managing staff performance, work relationships and organisational change. The program is designed to complement the EAP.



## Human Psychology

Refer to the Human Psychology website for information about the team. Call or email to arrange an appointment.

### Phone

1300 277 924

### Email

[reception@humanpsychology.com.au](mailto:reception@humanpsychology.com.au)

### Website

[humanpsychology.com.au](http://humanpsychology.com.au)

### Address

120 Rundle Street  
Kent Town SA 5067

### Open Hours

Monday 9am – 5pm  
Tuesday 9am – 5pm  
Wednesday 9am – 5pm  
Thursday 9am – 5pm  
Friday 9am – 5pm

Saturday – CLOSED  
Sunday – CLOSED

# Leader Assist

Professional support for leaders managing challenging work situations.



## Leader Assist provides

- ▶ Brief consultations with leaders, managers and supervisors by phone or email (Leader Support Line).
- ▶ Coaching for leaders, managers and supervisors.
- ▶ Skills training.
- ▶ Consultation on managing difficult conversations with staff.
- ▶ Access to specialised support and understanding for dealing with culturally based issues or concerns.
- ▶ Complex human resources case consultation.



## Integrated approach

Human Psychology has partnered with City of Adelaide to develop a sound understanding of the culture, operations and human factors within City of Adelaide. This understanding facilitates delivery of an integrated support system to enable leaders, managers and supervisors to further develop.



## Leader Support Line

Human Psychology provides a confidential Leader Support Line, accessible via telephone or email, to discuss concerns or issues. Queries will generally be responded to within 24 hours (unless assessed as critical or urgent).

Those accessing the support line will receive initial advice and guidance from a highly trained psychologist.

## How do I access Leader Assist?

Leader Assist is accessible via phone, email and skype. Face to face appointments can also be scheduled.

Please see contact details over leaflet.