## **HOW TO CONTACT US**

Manager Assist is accessible via face to face, phone, email and skype. Managers can contact Human Psychology on an initial basis to discuss issues, concerns or seek recommendations on a situation from a highly trained Psychologist, followed by booking appointments to seek further help.

## **HOW TO ACCESS MANAGER ASSIST?**





#### **Human Psychology**

120 Rundle Street Kent Town SA 5067 humanpsychology.com.au

P: 1300 277 924

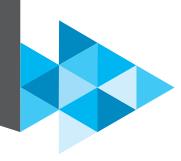
e: admin@humanpsychology.com.au





# MANAGER ASSIST PROGRAM.







#### WHAT IS MANAGER ASSIST?

Human Psychology's Manager Assist Program is a unique concept designed to provide a high level of professional support to Managers, Leaders, HR personnel in dealing with complex and challenging workplace situations. The Employee Assistance Program (EAP) tends to focus on clinical counselling issues, Manager Assist has been developed to confidentially support Managers as they lead.

Manager Assist provides managers with an opportunity to obtain timely support with leading personal and interpersonal work issues related to managing staff performance, work relationships and organisational change. The program is designed to complement the EAP.

# MANAGER ASSIST CAN HELP WITH:

- Brief consultations with Managers by phone or email (Manager Support-Line)
- ▶ Management / Executive Coaching
- ▶ Skills training
- Consultation on managing difficult conversations
- ► Complex HR case consultation

## THE INTEGRATED APPROACH:

Human Psychology partners with HR personnel to facilitate Manager Assist. Human Psychology's team of psychologists have a proficient understanding of the culture, operations and human factors to deliver an integrated support system for Managers to thrive and grow.



#### MANAGER SUPPORT LINE:

Human Psychology provide a Manager Support Line, that is accessible via telephone or email that enables clients to contact Human Psychology on an initial basis to briefly discuss concerns or issues. Queries would generally be responded to within 24 hours of receipt (unless assessed critical/urgent) and Managers can receive initial recommendations and advice on a situation from a highly trained psychologist.